



“Let’s Talk Health”

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What is Build Health?

BuildHealth is a major health initiative for the Northern Ireland construction industry and was launched in March 2007. Spearheaded by leading construction companies and with support from the Health and Safety Executive for Northern Ireland, employer organisations and the trade unions, the initiative aims to improve awareness of health issues in construction and of how these can be managed effectively.

The overall objective of the initiative is to improve the health of construction workers by preventing work related ill health, supporting and rehabilitating ill workers and using the workplace as a setting in which to improve Construction Industry Health and Safety.

What is Lets talk health?



BuildHealth
“Let’s Talk Health” initiative
is running during week
commencing
18th October 2021



The aim is to
refocus on key areas
of occupational health



Stop what you are doing,
gather with colleagues in
socially distanced groups



Take 15 minutes to discuss
the chosen topic using the
following questions as a
guide



Share your pictures on
social media
#letstalkhealth

The image features a vibrant yellow background with a halftone dot pattern. The dots are arranged in a grid that appears to recede into the distance, creating a 3D effect. In the center, there is a light blue speech bubble with a tail pointing towards the bottom left. Inside the bubble, the word "DUST" is written in a bold, dark blue, sans-serif font.

DUST

Introduction

In construction there are many work activities which can create dust. Exposure to any dust in excessive amounts can create respiratory problems if activities are not correctly planned, managed and monitored.

DUST

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#LetsTalkHealth



“Let’s Talk Health”

What does the term “workplace dust” mean to you?



“Let’s Talk Health”

What are the serious health issues caused by inhalation of dusts?

What are the main
construction dusts
from?



Do you know what
WEL means?



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What control measures can be implemented to reduce the risk of inhalation of dusts?



Does **COSHH** (*Control of substances hazardous to health*) apply to dusts?



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What PPE can be used as a last resort to control dust inhalation?



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