

# Webinar

LONG COVID - the road to recovery Supporting employees still unwell months after contracting COVID

Long COVID is a condition that we didn't even know about this time last year, yet the Royal Society reports an estimate of up to 10% of people who test positive for COVID-19 still experience symptoms for 12 weeks or longer.

peoplemanagement.co.uk estimate the condition affects 60,000 people in the UK. As such this condition will be on the radar of many organisations as they work out how to support employees with the condition.

The Workplace Health Leadership Group are delighted to have secured two speakers to inform attendees at this webinar about not only the clinical perspective in lay person's terms of a diagnosis of Long COVID but also a view on supporting employees who unfortunately have the illness.

The main points to be covered include:-

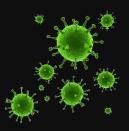
- Common (and less common) Long COVID symptoms
- Methods of treatment
- Supporting recovery
- Examples of possible adjustments needed
- External support available GP's and online.
- Ideas on a phased return to work
- Template for a phased return to work
- Options when SSP ends
- Employees unable to perform at their optimum level due to Long Covid
- Questions to ask at a return to work interview

#### • Q&A

#### **WEBINAR DETAILS**

DATE:	Thursday 27th May 2021
TIME:	10.30am (finish 12 noon)
VENUE:	Online
SPEAKERS:	Diane Keys, Lead Occupational Therapy Clinical Specialist/ Senior Manager Occupational Health Department, Belfast H & SC Trust
	and
	Neill Wallace, Employment Relations Manager, Labour Relations Agency
COST:	This webinar is FREE

## PTO for further details and booking



This webinar is being facilitated by



## Who should attend

Health & Safety Personnel/Occupational Health Professionals/Wellbeing Practitioners/Occupational Hygienists/HR Personnel/Employee Champions/Health and Safety Representatives/Other Employers/Managers with an interest in workplace health and wellbeing.



Workplace Health Leadership Group Northern Ireland

## Webinar LONG COVID

Supporting employees still unwell months after contracting COVID

## The webinar is free

### How to register your attendance

The webinar is being facilitated by NI Safety Group who are one of the Workplace Health Leadership Group's partners.

Booking for the webinar will take place on the NI Safety Group website, and the booking form can cater for multiple attendees.

A confirmation email will be sent to all those who book.

For security purposes it will indicate that a web link (Zoom) will be provided on the morning of the Webinar with joining instructions.

## **BOOK HERE TO ATTEND**

**IMPORTANT** - This webinar is likely to be oversubscribed. The software automatically closes the webinar when it reaches capacity. Those unable to gain entry (usually by signing in late) can watch the seminar as a podcast once we have uploaded it.

## Other points

Please ensure that the email you use to register is the one that you will be using to view the webinar.

Please do not share the webinar link (that you will receive on the morning of the webinar) with others as their email will not be recognised and they will not obtain access.

The webinar will be recorded and available on the Workplace Health Leadership Group's website

The Workplace Health Leadership Group would like to thank the speakers for giving of their valuable time to cover such an important topic.

Do feel free to disseminate the flyers to those that you feel would have an interest in the topic.

## Who are the Workplace Health Leadership Group NI

The Workplace Health Leadership Group NI (WHLGNI) was formed on 10th August 2016 when a group of committed stakeholders from across industry and government came together to ensure that effective occupational health management is given the priority in Northern Ireland workplaces that it warrants.















NI Branch